



# Safeguarding adults for Covid-19 Mutual Aid Groups



Safeguarding adults means **protecting** the most **vulnerable** from **abuse** and **neglect**.

Abuse and neglect can happen in **different ways** and be perpetrated by **anyone**. Abuse is always **wrong**.



If you **see something**, are **told something** or something **doesn't feel right** you need to **report it**.



Find out more – **internet search** “safeguarding adults Norfolk”

**For concerns about an adult or a child,  
report to 0344 800 8020**