A virtual seminar presented by Martyn Richards, who is deputy director at Norwich Samaritans



In his role at Norwich Samaritans, Martyn is responsible for outreach – all contact with people and organisations outside the branch

Martyn will give a summary of what Samaritans do, how they cope with hearing distressing calls and share some tips on good listening practice

You can [register for this FREE event here](https://forms.office.com/r/JTq0Q1uFcn)  and a link for joining the seminar will be sent to you separately. Please save the date in your calendar

**Dealing with distressing calls**

**Thursday 10 March, 10-11am**

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