

Mental capacity: Facilitated discussion sessions for those who deliver day-to-day care to vulnerable adults

Over the past year, Norfolk Safeguarding Adults Board (NSAB) has been working to improve the understanding and use of the Mental Capacity Act. Part of this work included gaining feedback from practitioners via questionnaires and workshops, in which you may have participated. This information has been reviewed and potential outcomes agreed.

One outcome recognises that practitioners would like a space to discuss MCA practice, share knowledge and skills and build confidence across the workforce. To support this, NSAB is holding four sessions over the course of four months to create opportunities for people to come together and discuss all things MCA. These free workshops are aimed at people who are considering capacity in their day-to-day work supporting adults who have care and support needs.

The sessions will be facilitated by **Vikki Bunting**, a business change lead in adult social services and **Kate Brolly**, a specialist practitioner in MCA/LPS/Safeguarding from Norfolk & Waveney ICB. Both have many years' experience of working with the MCA and the assessment of mental capacity.



The workshops are running on the following dates. Please click on a date to book:

Virtual

Friday 24 February 9.30am to 12.30pm **FULLY BOOKED!**

[Friday 28 April](#) 1pm to 4pm

Face to face in the Magpie Suite at Dereham Town Football Club

[Wednesday 29 March](#) 9.30am to 12.30pm

[Monday 15 May](#) 1pm to 4pm

After each session there will be up to **an hour of networking time** available to you.

Spaces are limited, so early booking is recommended! You will receive an email confirming your place.

When booking, you'll be asked whether you would like to submit a question around mental capacity, which will be discussed on the day. Don't worry if you cannot think of a question. You are welcome to email us at nsab@norfolk.gov.uk up to seven days before your workshop with any mental capacity question that you may have!