

CYBERPROTECT

Strengthen your protection against **cyber crime**

The main **FREE** support elements we can provide are:

- Cyber basics review of your organisation's IT, in line with Cyber Essentials
- Attend and deliver cyber PROTECT message/training at events
- Host Lego Decisions and Disruptions roleplaying game to raise awareness of the importance of cyber security
- Act as sponsor for the Cyber Security Information Sharing Partnership (CiSP)
- Signpost and offer general cyber support and advice
- Raise awareness of trusted, available resources

Free advice and support

norfolk.police.uk/advice/cyber-crime

suffolk.police.uk/advice/cyber-crime

Contact

CyberProtect@suffolk.pnn.police.uk

CyberProtect@norfolk.pnn.police.uk



CYBERCHOICES

Keep young people from becoming involved in cyber crime

Offenders are usually unaware of the law around Computer Misuse.

Cyber Choices aims to address this by:

- raising awareness of the law
- raising awareness of the consequences of offending
- positive diversion of these skills and interests to resources where they can be practised ethically and legally

The main support elements we can provide are:



Other useful sites

- **Take Five offer straightforward and impartial advice**
takefive-stopfraud.org.uk
- **Simple no-nonsense guide to social media, apps and games**
net-aware.org.uk
- **Check if your account has been compromised**
haveibeenpwned.com
- **Advice on ransomware and malware**
nomoreransom.org

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