FREE GP/Practice Nurse and Practice Manager training

Mental Capacity Act & Domestic Abuse

This training will have a focus on mental capacity and domestic abuse in the context of general practice but will be relevant and value to all other professionals (health, social care, housing, police). This training has been funded by NHS England.

Speakers
- Andrew Andrews, MBE Director at Bond Solon
- Bal Kaur Howard

Venues and Dates

Suffolk
18.01.18 – Riverside Centre, Lowestoft 13.00 – 17.00
22.01.18 – West Suffolk House, Weston Way, Bury St Edmunds 13.00 – 17.00

Norfolk
18.01.18 – Riverside Centre, Lowestoft 13.00 – 17.00
16.03.18 – The Willow Centre, Cringleford, Norwich 13.30 for 14.00 - 17.00

To book a place simply contact Dr Pippa Harrold pippa.harrold@nhs.net.

Andrew Andrews

Andrew Andrews MBE Director at Bond Solon Andrew is a lawyer by profession and a respected legal advisor, whose practice is and has been in the public service.

Andrew is an established and recognised legal trainer within Health and Social Care. His current responsibilities comprise of: Director at Bond Solon, Chief Child and Adults at Risk of Harm Officer and MedicoLegal Advisor for St John Ambulance, Visiting Lecturer Royal College of Psychiatrists, Chairman of One in Four (charity which supports survivors of abuse) and Trustee & Legal Advisor of the Florence Nightingale Foundation.
Andrew has served as Legal Adviser and Director of Legal Services for several Health Authorities. Andrew has also served as a member of a Multicentre Research and Ethics Committee and was Vice Chairman of a Local Research and Ethics Committee. He is increasingly called upon to serve and chair Inquiries at both a local and national level into all aspects of health care. In 2011 he was appointed a Member of the Order of the British Empire. Andrew has been training with Bond Solon since 1997, and has trained thousands of delegates over this time. He has delivered training for professional bodies, NHS Trusts, Social Care Departments, Private and Public Hospitals and Care Homes, Universities and a number of central government agencies including regulators and inspectorates. Working Together Bal

**Bal Kaur Howard**

Bal has been advocating on the issues of BME women and men on domestic violence, honour based crimes (Forced Marriage & Female Genital Mutilation) and Child Sexual Exploitation (CSE) since 2008.

Bal has developed and delivers training for front-line practitioners in Health, Social Care, Police, Education and the voluntary sector throughout the England and Wales in the subjects of Domestic Abuse, Risk Assessment, Honour Based Abuse, Forced Marriage, Female Genital Mutilation, Radicalisation / Extremism, Modern Day Slavery and Addiction.

Bal is trained to deliver "My Dangerous Loverboy" - an excellent tool she uses with students (year 9 upwards) and professionals to talk about "healthy relationships" as part of the PHSE sessions in schools.

Bal was employed by Suffolk Constabulary for 7½ years as a Project & Performance Officer for Honour Based Violence (Forced Marriage, Female Genital Mutilation) in a countywide Domestic Abuse Unit. She was responsible for developing policies, procedures and training for police officers and partner agencies to enhance the service to victims and potential victims. For 3 years she was based within the CSE / Child Investigation Abuse Unit. She has 12 years of sales experience in various industry sectors, such as telecommunications, information technology, software, recruitment, commercial property and utilities. She also has, 10 years of experience in the Export/Import industry.

Bal was born in India and was brought to Britain aged one. She was forced into marriage at the age of 17 in Darlington and forced to sponsor her husband for permanent residency in the UK. She went back to education at the age of 26 after escaping from her forced marriage and subsequently has been disowned by her family for over 20 years.

Bal now has two Diplomas - one in Export Management and one in Business & Finance. She is keen to share her experiences, being the voice of the victims and survivors who experience crimes rooted in the name of honour, giving practical and emotional support.

Bal raises awareness with agencies to reduce the isolation of victims and to increase reporting. In Bal's words "I refuse to take my past into the future and regard myself to
be an empowered survivor- my darkest past is now my greatest asset”. Bal was a volunteer with Karma Nirvana from December 2007 to December 2008 after reading Jasvinder Sanghera's book "Shame".

Her experience is also featured in Jasvinder’s 2nd book “Daughters of Shame”. Bal has been nominated twice at the IKWRO True Honour Awards (2012 & 2014) and she completed her Award in Education and Training Level 3 (formerly PTLLS) in 2014.