

Safeguarding adults in Norfolk:

What you can do...

Here are **5 positive actions** you can take to support adult safeguarding in your community. In no particular order you can:

- 1) Make sure **3** friends / colleagues know what to do if they need to make an adult safeguarding referral – ring **0344 800 8020**.

Get **3** friends or colleagues to visit the [NSAB website](#)

- 2) Contact Andrea Smith for copies of NSAB publicity material (Andrea.smith@norfolk.gov.uk) – ask your local shop, businesses, community centre to display a leaflet/poster.
- 3) Sign up to receive email alerts when news items are posted on the NSAB website, via nsabchair@norfolk.gov.uk
- 4) Sign up to be a Friends Against Scams (a National Trading Standards Scams Team campaign).

See <https://www.friendsagainstscams.org.uk/> for details.

- 5) Follow NSAB on Twitter – @NorfolkSAB

Norfolk has 5 **Localities Safeguarding Adults Partnerships** (LSAPs). Each LSAP is responsible for delivering and communicating key objectives at a local level from the Norfolk Safeguarding Adults Board. To develop a collaborative approach to local safeguarding adults' issues, membership of the LSAP needs to reflect multi-agency interests.

Is your organisation linked in with your LSAP?

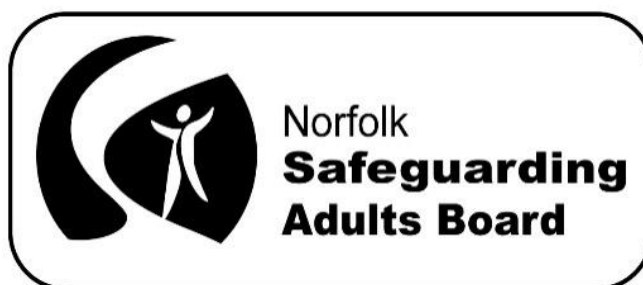
This is your chance to get involved.

Please contact the number below for your local LSAP.

| | |
|---|--|
| Eastern Chair (covers the Great Yarmouth area) | Louise Jordan-Hall c/o Karen Hind t: 01493 448 437 |
| Central Chair (covers Norwich area) | Kirsty Rowden t: 01603 272 436 |
| Northern Chair (covers North Walsham, Fakenham, Aylsham, North Norfolk coast) | Jo Cook t: 01692 500 550 |
| Southern Chair (covers Wymondham, Attleborough, Long Stratton, Dereham, Watton, Diss, Thetford) | Tony Cooke t: 01508 533 754 |
| Western Chair (covers King's Lynn, Downham Market, Swaffham) | Jerry Green t: 01553 613 255 |

United against abuse

Together we make a difference



www.norfolk.gov.uk/speakup